

Belfast Warm and Well

The Belfast Warm and Well Project aims to help local people struggling to keep their home warm this winter, by offering advice and practical support to stay warm and well.

The project is available to vulnerable people who are finding it difficult to keep their home warm. Vulnerable refers to a number of different groups including:

- People aged 65 years or older;
- People living with disability or long term physical or mental health condition;
- Pregnant women;
- Households with young child (from newborn to school age);
- People on a low income.

Signs that a person may be finding it difficult to keep their home warm could be, for example:

- The home is cold you may have to keep your coat on when inside.
- There is condensation on the windows.
- There are signs of damp
- on the walls or ceilings.

Belfast Warm and Well, is coordinated by National Energy Action (NEA) who will work with local community and voluntary groups, to provide free energy efficiency sessions, helpful independent and confidential advice and practical support.

If you are vulnerable and finding it difficult to keep your home warm, contact NEA on 028 9023 9909 or <u>warmandwell@nea.org.uk</u> to see if they can help.

If you are concerned that someone you know is vulnerable and finding it difficult to keep their home warm, ask them if they would like to speak with NEA and if they do, contact NEA on 028 9023 9909 or <u>warmandwell@nea.org.uk</u>.